

## **PRESS RELEASE**

### **Launching of FSC Health and Wellness Week**

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The Financial Services Commission, Mauritius (the “FSC”) in collaboration with the Ministry of Financial Services and Good Governance and the Ministry of Health and Wellness launched the FSC Health and Wellness Week on 03 October 2022 at the FSC House. The event was held in the presence of the Honourable Mahen Kumar Seeruttun, Minister of Financial Services and Good Governance, Dr the Honourable Kailesh Kumar Singh Jagutpal, Minister of Health and Wellness, Mr Mardayah Kona Yerukunondu, Chairperson of the FSC and First Deputy Governor of the Bank of Mauritius, Mr Rajeshsharma Ramloll, SC, Vice-Chairperson of the FSC, Mr Dhanesswurnath Thakoor, Chief Executive (CE) of the FSC and representatives of the Ministry of Health and Wellness.

Dr the Honourable Kailesh Kumar Singh Jagutpal, highlighted in his address that it is a “laudable initiative of the Financial Services Commission to organise this Health and Wellness Week for its employees.” He stated that “this initiative of the FSC is in line with the policy of my Ministry to encourage a healthy work life balance at the workplace and cultivating a culture of good health and wellness can only be productive both for the FSC and its employees.” He added that the government is “strengthening its efforts to promote population-wide primary intervention of non-communicable diseases through several campaigns”. In line with these campaigns, he encouraged the FSC “to create a Health Club within the Commission so as to sustain this action.” He urged the FSC staff “to take part in the various screenings and health checks which are at their disposal” during the Health and Wellness Week.

Mr Mardayah Kona Yerukunondu, the Chairperson of the FSC, in his speech mentioned that “the safety, health and welfare of our employees is paramount, and a safe and healthy working environment is a prerequisite” that is why the FSC has embedded the safety and health of its employees in its strategy.” According to Mr Yerukunondu, the objective of this Health and Wellness week is to “allow our employees to benefit from various health-promoting activities and to set aside some time for their own personal health and well-being.” He further added that the COVID-19 pandemic has reminded us of the importance of maintaining a good hygiene and adopting a healthy lifestyle. In this regard, he highlighted that the Health and Wellness week will culminate with a Blood Donation Day on 7 October 2022 organised by the FSC in collaboration with the State Trading Corporation and Grant Thornton. He believes that “such activities will contribute towards strengthening the bonds between stakeholders in the region.”

Mr Dhanesswurnath Thakoor, the CE of the FSC highlighted in his remarks that “at the level of the Commission, we demonstrate our commitment to health and wellness and provide a holistic approach to support the health and safety for our most valuable asset, i.e. our People”. Likewise, the CE elaborated on the current initiatives implemented by the FSC where the Commission offers work-life balance through flexible working hours, health talks, ‘WeCare Initiative’ whereby financial support is being provided to staff for medical treatment; the promotion of healthy eating habits by providing each staff fruits on a daily basis is established, amongst others. He emphasised that “in the corporate environment, it is also our collective duty to ensure that the good principles of hygiene are translated within the organisation where we work.” Hence, in line with this philosophy, Mr Thakoor added that “we pay a lot of attention to the well-being of staff and the FSC conducts on a yearly basis health checks and screenings as part of its Health and Wellness Week and also carries out its Annual Blood Donation Day.”

He concluded by stating that “We need to have the right mental hygiene at the office and ensure that within ourselves, we keep the positive vibrations in addition to maintaining the

right attitude.” This, he added will contribute towards the betterment of our workplace and the progress of the organisation.

The Health and Wellness Week is being held from Monday 03 October 2022 to Friday 07 October 2022.

*04 October 2022*

### **About the FSC**

*The FSC is the integrated regulator for the non-banking financial services sector and global business.*

*The vision of the FSC is to be an internationally recognised Financial Supervisor committed to the sustained development of Mauritius as a sound and competitive Financial Services Centre.*

*In carrying out its mission, the FSC aims to promote the development, fairness, efficiency and transparency of financial institutions and capital markets in Mauritius; suppress crime and malpractices so as to provide protection to members of the public investing in non-banking financial products; and ensure the soundness and stability of the financial system in Mauritius.*